

Pilot: Shared Care 4Kids Blue Book

Development Checks 0-5 Years

(General Practice – NSLHD Child and Family Health Service)

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0-5 Developmental Surveillance

[Blue Book](#)

[Learn the Signs. Act Early.](#)

[Milestones Matter \(Available in 19 community languages\)](#)

[CDC 'Learn the Signs. Act early.' Milestone checklists](#)

[Child Personal Health Record \(Blue Book\) \[available in 19 community languages\]](#) HealthPathways

[Learn the Signs. Act Early.](#) HealthPathways

[Developmental Milestones for Children](#) HealthPathways

[Developmental Concerns in Children](#) HealthPathways

[Healthy Kids check](#) HealthPathways

[Healthy Kids for Health Professionals](#)

- [Measure length](#)
- [Measure height](#)
- [Weigh an infant](#)
- [Weigh a child](#)

[Centers for Disease Control and Prevention \(CDC\) Milestones in Action](#)

[CDC Developmental Surveillance Resources for Healthcare Providers](#)

[Queensland Health - Red Flags Early Identification Guide: for children aged birth to five years](#) – to be adapted from QLD Health

[Fit 4 School Check](#) (NNSWLHD)

Alcohol and Other Drugs

[FASD Hub Australia](#)

[No FASD Australia](#)

[Russell Family Fetal Alcohol Disorders Association](#)

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[Managing aggression, alcohol and drug use in the home: A guide for those concerned about children 5-12 years](#)

[Mothersafe](#)

Allergies and Food Intolerance

[Food Allergy \(Non-anaphylaxis\)](#) HealthPathways

[Food Allergy Tests](#) HealthPathways

[Better Health Victoria - Food Allergy and Intolerance](#)

[Australasian Society of Clinical Immunology and Allergy \(ASCI\) Allergy Australia](#)

Australian Government Changes to 4 Y.O. Health Check

[Family Tax Benefit \(FTB\) Part A](#) rate may reduce if children have not had their Healthy Start for School check when they turn 4 years old.

Bed Wetting

[Enuresis in Children](#) – HealthPathways New Zealand page (Page not yet adapted for SNHN)

Behavioural Concerns

[Behavioural Concerns in Children and Youth](#) HealthPathways

Child Development Apps

[Deadly Tots App](#) - contains information for every Aboriginal Family to help their Bub learn and grow

[LOVE Talk SING Read PLAY APP](#) - contains information for every family to help their child/ren learn and develop.

[Bright Tomorrows Start Today App](#) – Tips to help build young brains. A baby's brain is a remarkable little creature forming more than a million neural connections every second when activated.

Constipation in Children - - Healthpathways

[Constipation in children](#)

Dermatology Referrals - Healthpathways

[Paediatric Dermatology Requests](#)

[Non-urgent Paediatric Dermatology Review](#)

Development - Healthpathways

[Developmental Concerns in Children](#)

[Developmental Milestones for Children](#)

[Healthy Kids check](#)

Education for Health Professionals - Online

[Well Child Health Program](#) Free for primary care professionals, developed by Community Paediatric Services, Sydney Local Health District. Click on the 'Contact us' button to apply.

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Five eLearning modules – each module takes approx.1 hour to complete.

- Examination of the infant and young child
- Screening for hearing, vision and growth
- Anticipatory guidance – topics for discussion with parents.
- Developmental surveillance – how to do it quickly and easily.
- Putting it all together – how to do it in a busy clinic setting.

[Early Childhood Oral Health - What Child Health Professionals need to know](#) NSW Government. Free for health professionals.

[Sydney Child Health Program](#) Start any time. 1-2 Year part-time graduate program for health professionals. For fee information phone 02 9933 8600.

[CDC Watch Me! Celebrating Milestones and Sharing Concerns'](#) This free course provides tools and best practices for monitoring the development of children and talking about it with their parents.

Eyesight

[State-wide Eyesight Preschooler Screening \(StEPS\) Program](#)

[Paediatric Vision Testing](#) HealthPathways

Endocrinology - Healthpathways

[Diabetes in Children](#)

[Thyroid Disease in Children](#)

[Paediatric Endocrinology Review](#)

Gastroenterology - Healthpathways

[Coeliac Disease in Children](#)

[Constipation in Children](#)

[Constipation Therapies](#)

[Gastroenteritis in Children](#)

[Oral Rehydration Therapy \(ORT\)](#)

[Jaundice in Babies](#)

[Reflux and GORD in Children](#)

General Paediatrics - Healthpathways

[Healthy Kids Check](#)

[Out-of-home Care for Children and Young People](#)

[Poor Growth in Children](#)

[Vitamin D Deficiency in Children](#)

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[Urgent Paediatric Medical Review](#)

[Non-urgent Paediatric Medical Review](#)

[Paediatric Medical Advice](#)

[Non-urgent Paediatric Nephrology Review](#)

Genetics – Healthpathways

[Dysmorphic Children](#)

Genitourinary – Healthpathways

[Urinary Tract Infection \(UTI\) in Children](#)

HealthPathways – Username & Password

[Home Page](#)

Username: healthpathways

Password: gateway

Immunisation - Children

[Immunisation Childhood](#) HealthPathways

[Immunisation Resources for General Practice - SNHN](#)

[NSW Immunisation Schedule](#)

[The Australian Immunisation Handbook](#)

[Immunisation Toolkit for General Practices](#)

[Cold Chain Toolkit for Immunisation Providers](#)

[‘Following vaccination – what to expect and what to do’](#)

Immunisation - Maternal

[Vaccination during pregnancy and pregnancy planning](#) HealthPathways

Jaundice - Healthpathways

[Jaundice in babies](#)

Mandatory Reporting- Healthpathways

[Child at Risk](#)

[Mandatory Reporters Guide](#)

[Resources to support mandatory reporters](#)

Mental Health

[Emerging Minds – Free online courses](#)

Healthpathways

[Mental Health - Child and Youth](#)

[ADHD in Children and Youth](#)

[ADHD Medications for Child and Youth](#)

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[Child and Youth Mental Health Referrals](#)

[Non-urgent Child and Youth Mental Health Review](#)

[Family and Community Support](#)

[Child and Youth Mental Health Counselling](#)

My Health Record

SNHN [HealthPathways](#) - [Home Page](#)

[My Health Record](#)

[My Health Record for Health Providers](#)

[My Health Record for Nurses](#)

My Health Record [Event Summary](#)

Nutrition, Weight & Activity

[Dietetics for Children](#) HealthPathways

[Weight management in children](#) HealthPathways

[Specialist Child Weight Management Referrals](#) HealthPathways

[NSW Healthy Kids](#) Infographics, posters, BMI calculators, referral forms, guides for health professionals

[0-6 Activity Guides](#) – Raising Children Network

Oral Health

[Lift the Lip](#) NSW Health 2014

[Early Childhood Oral Health Guidelines](#). NSW Health, 2014

Out-of-Home Care - HealthPathways

[Out of home care for Children and Young People](#)

Parenting Resources

[Parenting](#) teamwork, positive thinking, learning as you go, support and resources

[Family life](#) – positive relationships in families

Poor Growth

[Poor growth in children](#) HealthPathways

Professional Requirements for Registered Nurses

[Registered nurse standards for practice](#)

Referrals

[Aboriginal and Torres Strait Islander community support](#)

[Aboriginal health services and support](#) from Central and Eastern Sydney PHN.

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[Child and Youth at Risk Support](#) HealthPathways

[Child Speech and Language Intervention](#)

[Community Paediatric Review](#) HealthPathways

[Community Paediatric Review](#) for [developmental concerns](#)

[Dental Review](#) for regular review or dental concerns, or consider [private referral](#)

[Dietetics for Children](#) HealthPathways

[ENT Review](#) for hearing concerns

[Family and Community Support](#) HealthPathways

[Mental Health Review](#) or [psychology sessions](#) for mental health concerns

[Northern Sydney Local Health District. Child Youth and Family Health Service](#)

[Paediatric Medical Review](#) for medical issues

[Paediatric Occupational Therapy](#)

[Paediatric Physiotherapy](#)

[Speech and language therapy](#) for [speech and language difficulties](#)

Respiratory - HealthPathways

[Acute Asthma in Children](#)

[Non-acute Asthma in Children](#)

[Bronchiolitis in Children](#)

[Community Acquired Pneumonia in Children](#)

[Croup](#)

Sexual Abuse - Children

For Parents - [Child sexual abuse – what is it and what to do](#)

For Health Professionals – [Child at Risk](#) HealthPathways

[Child and Youth at Risk Support](#) HealthPathways

Sleep

Health Pathways [Unsettled Infant](#)

NSW Health: [A Guide to Your Baby's Sleep and Settling in the First 12 Months](#)

Raising Children Network [About Sleep](#)

[NSW Health Safe Sleep for Babies](#)

Red Nose – [Safe Sleeping: Six ways to sleep baby safely and reduce the risk of sudden unexpected death in infancy](#)

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[Pre-schooler's Sleep](#)

Speech and Language - - HealthPathways

[Speech and Language Difficulties in Children](#)

[Child Speech and Language Intervention](#)

Starting Solids

[NSW Health – Starting Family Foods](#) – Introducing your baby to solid foods. For parents of babies birth to 12 months

[Raising Children Network – 4 – 18 Months Starting Solids; why, when, what and how](#)

Translated Health Information

[Translated Health Information](#)

[Children's Health](#)

[Children and Family Services](#)

[NSW Health Multicultural Health Communications Service](#)