

# Pilot: Shared Care 4Kids Blue Book

## Development Checks 0-5 Years

(General Practice – Child and Family Health Service)

### Blue Book Practice Setup

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#### Background

##### [The First 2000 Days](#)

#### Clinic Set-up

- Refer to APNA [Setting up a nurse led clinic: the building blocks for success](#)

#### Reception Booking Guidelines

- Ensure primary parent/carer has a patient file at the practice for recording maternal wellbeing checks
- Set primary parent/carer to 'head of family' in clinical software. This enables baby's health summary to be uploaded to My Health Record.
- Avoid scheduling baby immunisations on the weekend if your service is shut on Sunday. This avoids babies presenting at the emergency department with minor immunisation reactions.
- At 6 weeks, also book mum in with GP for her check directly after the baby's GP appointment.

#### Suggested Booking Schedule for Health Check and Vaccination

Allow a 15-minute gap between all bookings with the nurse to allow time for cleaning, paperwork, and for settling the baby after vaccinations.

##### **6-week PN check**

30-minute appointment for baby with practice nurse – Weigh, measure, development checks

15-minute appointment for baby with the GP – Medical checks, referrals, and re-join nurse to vaccinate together.

15-minute appointment for mum with GP directly after the baby's appointment – Maternal postnatal check

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### Remaining Checks

15-minute appointment with the nurse – Weigh and measure, developmental and social and emotional wellbeing checks.

15-minute appointment for baby with the GP – Medical checks, referrals, and re-join nurse to vaccinate together.

### Marketing

#### Text Message

Search for all active children between 0-4 and populate a list

Text message to list 'At *Practice* we value your child's health and are changing our childhood vaccination appointments to include a free health and development check. From today you need to phone the practice to make a vaccination appointment for children aged 0-5 years. Online bookings and walk in bookings for childhood vaccines will not be seen and will need to be rebooked'.

#### Flyer

Give to all pregnant mums in the waiting room

#### Social Media

Put information about the health and development checks on your social media platforms – update with information on 0 – 5 related topics such as gastroenteritis, Hand Foot Mouth, etc

#### Signage around the practice

These can be made in-house.

#### Waiting room

- Provide adequate waiting space for families
- Protocol to keep the area safe and clean
- Allocated pram parking

#### Resources

- [RACGP Standards for general practices 5th edition](#)
- [RACGP Practice Policy and Procedure Templates](#)
- [SNHN Primary Care Support](#)
- [Setting up a nurse led clinic: the building blocks for success](#)

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### Funding

- SNHN Remuneration of \$3,000.00 for clinic related costs
- MBS Items

MBS Item	Description	Frequency
-	15 Min Nurse consultation	No fee
<b>23</b>	GP standard consultation <20 mins	As required
<b>36</b>	GP long consultation >20mins, <40mins	As required
<b>44</b>	GP prolonged consultation – at least 40mins	As required
<b>2700/2715</b>	Mental Health Care Plan (20-40mins)	No more than once yearly
<b>2701/2717</b>	Mental Health Care Plan (>40mins)	No more than once yearly
<b>715</b>	Aboriginal Health Check	Annual
<b>721</b>	GPMP	12 Months
<b>723</b>	TCA	12 Months
<b>732</b>	GPMP and TCA Reviews	3 Months