

Pilot: Shared Care 4Kids Blue Book Development Checks 0-5 Years

(General Practice – Child and Family Health Service)

Recommended child 'My personal health record' (Blue Book) check summary

Age	Health Check	Parent/ carer questions	'Learn the Signs. Act Early.'	*Head Circumference	Weight	Growth Chart	Height	BMI	Lift the Lip	Immunisation
1-4 weeks	✓	✓		✓	✓ bare	WHO Standard	✓ supine - remove or loosen nappy			Birth
6-8 weeks	✓	✓	✓	✓	✓ bare	WHO Standard	✓ supine -remove or loosen nappy			✓
4 months	#	✓	#	#	#	#	#		#	✓
6 months	✓	✓	✓	✓	✓ bare	WHO Standard	✓ supine -remove or loosen nappy		✓	✓
12 months	✓	✓	✓	✓	✓ bare	WHO Standard	✓ supine -remove or loosen nappy		✓	✓
18 months	✓	✓	✓	✓	✓ minimal clothing	WHO Standard	✓ remove or loosen nappy and supine		✓	✓
2 years	✓	✓	✓	If clinically indicated or in OOHC	✓ minimal clothing	CDC Growth Reference	✓ no shoes, hats, hair ornaments	✓	✓	As recommended by NHMRC
3 years	✓	✓	✓	If clinically indicated or in OOHC	✓ minimal clothing	CDC Growth Reference	✓ no shoes, hats, hair ornaments	✓	✓	As recommended by NHMRC
4 years	✓	✓	✓	If clinically indicated or in OOHC	✓ minimal clothing	CDC Growth Reference	✓ no shoes, hats, hair ornaments	✓	✓	✓

Recommended additional check and /or as clinically indicated

*Head circumference required:

- Children and young people birth-18 years in Out of Home Care (OOHC)
- Up to 3 years of age if clinically indicated e.g. crossing head circumference percentiles in infancy; unusually small or large head circumference noted in infancy; etc.