Falls are preventable – help your patients stay independent at home

EXPRESSION OF INTEREST

Join other GPs to identify and better manage falls in older people 65+ in your practice

One in three people living in the community aged 65 years and over fall every year.

Three-quarters of hospitalised injury cases for people aged 65 years and over are associated with fall(s).

One in five older people with an injurious fall went to residential aged care post-discharge from hospital.

Falls cause more injury-related deaths than transport crash fatalities in Australia.

Falls are common in older people and can result in loss of confidence, injury, disability, increased frailty, and loss of independence. Do your older patients have any of the following fall risk factors?

- Having had a fall
- Unsteadiness when walking or stepping onto a curb
- Conditions that impact mobility such as diabetes, stroke, arthritis

- Dizziness
- Urge incontinence
- Vision impairment
- Clutter in the home
- Taking multiple medications

How you will benefit

GP practices will be offered the following to help identify older patients at risk of falling, and tailor fall prevention management and referral for these patients.

- GP and practice nurse **education and resources**
- **Simple clinical decision tool** available in electronic form and paper-based form
- **Connection** to trained fall prevention service providers in your **local area**
- Statement of attendance for CPD self-reporting purposes

Further information

- Contact Alex Jaksetic on 02 9432 8207 or ajaksetic@snhn.org.au

To express interest, please return the form below

Name _____

Practice name _____

Practice manager/contact person _____

Phone _____ **Email** _____

*Please email this form to **ajaksetic@snhn.org.au***

iSOLVE resources for GPs and practice nurses

Connection to local fall prevention service providers

Educational resources and leaflets for patients
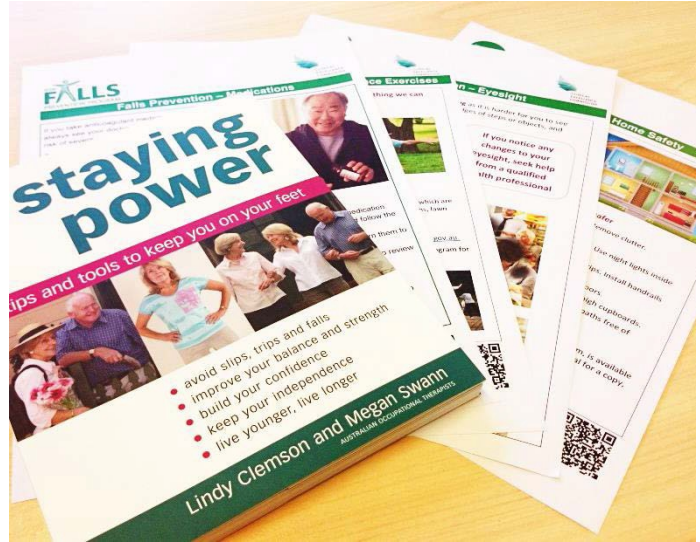
Resources for GPs and practice nurses (hard and soft copies)
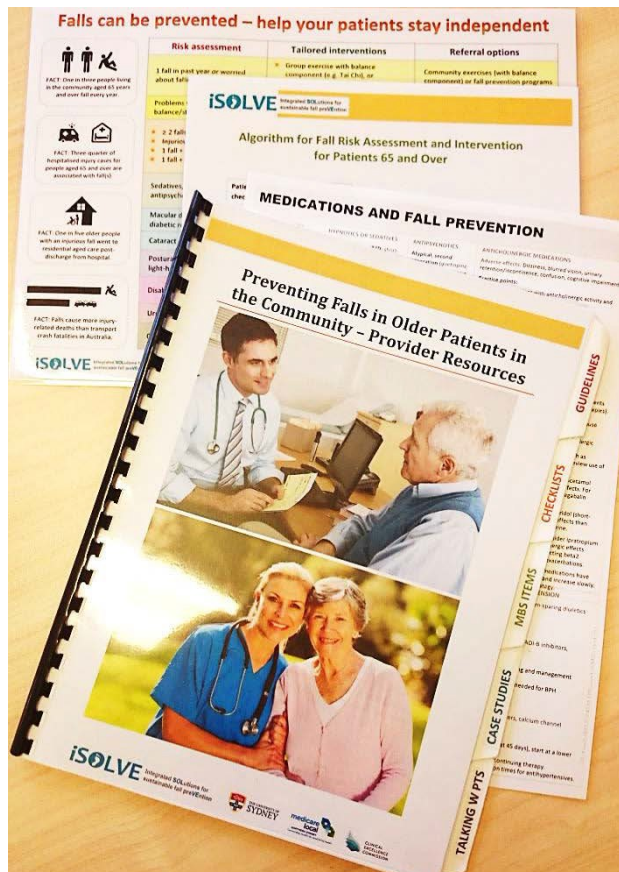
Simple checklists and tailored guidelines (paper-based form and electronically integrated within practice software)