MEDIA RELEASE

22nd August 2022

Sydney North Health Network partnering with Brellah Medical Centre to increase access to free psychiatry services

Sydney North Health Network is partnering with Brellah Medical Centre to deliver fully subsidised Psychiatry services, funded through the NSW Government's Pandemic Mental Health Recovery Package.

The ongoing COVID-19 pandemic has had a significant impact on the mental health and wellbeing of many Northern Sydney residents. The NSW Government funding will enable greater mental health service availability to ensure the most vulnerable in our community can access the help they need.

Sydney North Health Network Chief Executive Officer, Lynelle Hales, said 'ensuring mental health support services are more readily available and accessible, is key to safeguarding vulnerable members of our community. We are pleased to be partnering with Brellah, so that even more people in our region can access these vital services.'

James Britton, Founder and CEO of Brellah stated 'The team at Brellah are thrilled to be supporting the people of Sydney's North with such vital psychiatry services. We're looking forward to working closely with health, community and aged care providers across the region to ensure seamless continuity of care - both *where* and *when* people need it most.'

Psychiatry services are available to children, young people and adults with severe and complex mental health conditions who are experiencing financial hardship and other barriers to mental health care. Referrals are made by GPs via the Sydney North Health Network Mental Health Triage Team.

Eligible patients can access three fully subsidised sessions with a qualified psychiatrist. Where required, following GP review, patients may receive up to three more fully subsidised sessions.

For more information on how to access this initiative and the range of mental health services funded through the NSW Pandemic Recovery Access initiative, please visit the Sydney North Health Network website here.

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ABOUT: Sydney North Health Network https://sydneynorthhealthnetwork.org.au/
The Northern Sydney Primary Health Network, operated by the Sydney North Health Network – a not-for-profit organisation – is one of 31 Primary Health Networks (PHNs) established by the Australian Government to increase the efficiency and effectiveness of medical services for the community. Our focus is on patients who are at risk of poor health outcomes. We work to improve the coordination of their care, so they receive the right care, in the right place, at the right time.

MEDIA ENQUIRIES
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