



**Figure 1: Algorithm for choosing an appropriate inhaler device for the treatment of adults with asthma or chronic obstructive pulmonary disease.<sup>§</sup>**

<sup>§</sup>If the patient can perform both inhalation manoeuvres, choose according to patient preference.

<sup>†</sup>Examples of training devices that can be used to assess inspiratory ability are the AIM machine (Vitalograph, Maids Moreton, UK), Clip-Tone (Clement Clarke International, Harlow, UK), Flo-Tone (Clement Clarke International, Harlow, UK), In-Check DIAL (Clement Clarke International, Harlow, UK) inspiratory flow metre, and placebo whistles.

<sup>‡</sup>Training videos developed by the UK Inhaler Group (UKIG) can be found on the Asthma UK website and RightBreathe.