






Experiencing a complex health or personal situation?

Ask your GP for a referral to our social work program.

The GP Social Work Program - offers free, wrap-around, social work support to assist in your care needs.

Provida is proud to be offering this program in the northern Sydney area, to people with complex or challenging issues, following a referral from a General Practitioner (GP).

Some of the areas our social workers can assist with are:

-  Difficulty navigating and accessing support services (eg Centrelink, the NDIS, My Aged Care or Housing)
-  Disconnection, isolation or challenging family situations
-  Stress or fatigue from caring for a loved one
-  High or complex health care needs that require support from a range of services
-  Recent or recurrent hospital admissions

All GPs located in the following local government areas can refer:



Willoughby

Hunters Hill

Lane Cove

North Sydney Mosman

Northern Beaches

-  No Age limit
-  This service is free



Provida acknowledges the Northern Sydney Primary Health Network for the funding of this initiative.



GP Social Work





Show this brochure to your doctor or health provider and ask for a referral today



How it Works

This is a GP referral service only.

It is a free social work support coordination service offered to patients of General Practitioners, where the GP feels their patient needs some additional assistance.

It is designed to help people to stay living well and healthy at home, and where it is believed they will benefit from additional short-term care coordination, avoiding hospital.

GPs and Practice Staff can refer patients to the GP Social Work (GPSW) team at Proveda.

Someone from our GPSW team can then meet the patient at either the practice environment or follow up at a convenient time in the patient's home or community.

The team will assess the patient's holistic needs and provide referrals and linkage to a broad range of appropriate services. Our team will liaise with your GP and act as a resource of additional support when needed.

Our Proveda social workers are trained to identify the needs and factors causing stress and concern, and work with you (ie the referred person) for up to 12 weeks, to determine a path forward.

We link you with external services and organisations who can assist you, or alternatively, we will provide direct assistance.

This may be through utilising the expertise of our wider circle of supports such as our aged care, disability or mental health teams, or it may be by helping you navigate or get assessed for government support.

How to contact us:

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