

ACCESS + APPROVED PROVIDERS

PROFESSION	FIRST NAME	SURNAME	SUBURB	DISABLED ACCESS	GEN	CMHS	ATSI	SPP	PND	SPECIALTIES	OTHER LANGUAGES	AVAILABILITY
Clinical Psychologist	Kathryn	Taylor	ARTARMON	Yes	GEN		ATSI			Depression, Axiety, Post Traumatic Stress Disorder, Adjustment disorder, Trauma, Homelessness		UPON REQUEST
Registered Psychologist	Veronica	Loh	ASQUITH	Yes	GEN	CMHS	ATSI			Depression, Anxiety, Stress, Adjustment disorders, Parenting, Trauma, Loss and Grief, Relationship issues, Self-esteem issues, Body Image concerns, Emotional regulation. CBT, DBT and EMDR.		
Clinical Social Worker	Patricia	McNamara	ASQUITH		GEN	CMHS > 5ys	ATSI	SPP		Alcohol Abuse, Anger Management, Bullying, Community Consultation Evaluation, Conflict Resolution, Criminal Behaviour, Critical Incident / Stress Debriefing, Cross Cultural, Divorce, Separation, Gender, Sexuality, Identity, Health Related Problems, Infertility, Leadership, Postnatal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Trauma, Victims Of Crime, Work Stress, Bullying, Domestic Violence, Low self-esteem. Clinical Social Worker with over 25 years' experience working in the area of trauma.		
Registered Psychologist	Ashleigh	Hough	BALGOWLAH	Yes	GEN	CMHS	ATSI			ADHD, Adjustment, Anxiety, Phobias, Behaviour Problems, Bullying, Depression, Divorce, Separation, Intellectual Assessments, Learning Difficulties, Parenting, Post Natal Depression, Sexual Abuse, Trauma		CURRENTLY HAS WAITLIST
Clinical Psychologist	Sandra	Coetzee	BELROSE	No	GEN		ATSI	SPP		Over 20 years experience as a Clinical Psychologist and supervisor working with Adults, Adolescents and Couples within the field of Addictions, including Drugs, Alcohol and Gambling. Depression, Anxiety & phobias, Personality disorders, PTSD, Substance abuse, Couples therapy, Postnatal Depression, Stress management, Grief/loss		
Registered Psychologist	Yelena	Udy	BROOKLYN	No	GEN		ATSI	SPP		Over 15 years experience in private practice integrating Process Oriented Psychology. including Assertiveness training, Critical Incident Stress Debriefing, Health related problems, Post Traumatic Stress Disorder, Conflict resolution, Leadership, Behaviour problems, Couples therapy, Cross-cultural, Trauma		
MH Nurse	Wendy	Corliss	BROOKVALE	Yes	GEN		ATSI	SPP	PND	Trained in EMDR, Somatic Experiencing, Psychodynamic Psychotherapy, and Trauma Sensitive Yoga with over 20 years experience in Post-traumatic Stress Disorder, Addictions, Eating disorders, Adjustment, Anxiety/phobias, Depression, Postnatal Depression, Trauma, Anger Management, Community consult/evaluation, Dissociative identity disorder, self harm/suicide, PTSD, Alcohol abuse Health related problems Bullying		
Registered Psychologist	Lara	Petrulis	BROOKVALE		GEN	Does not work with Children	ATSI			Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Depression, Dissociative Identity Disorder, Divorce / Separation, Eating Disorders, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm / Suicide, Sexual Abuse, Terminal Illness, Trauma, Victims of Crime, Work Stress / Bullying, Complex trauma		
Registered Psychologist	Ian	Koh	CARLINGFORD	Yes	GEN		ATSI			Adjustment, Anxiety, Phobias, Community Consultation, Evaluation, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Gambling, Health Related Problems, Impulsive Behaviours, Leadership, Management Offenders, Parenting, Personality Disorders, Sleep Disorders, Trauma, Work Stress, Bullying	Mandarin	Available on Saturdays
Registered Psychologist	Shalav	Mehta	CARLINGFORD	Yes	GEN	CMHS > 16 YRS	ATSI	SPP		Depression, Anxiety, Bullying, Health related problems, Mindfulness, Cross cultural, Trauma, ADHD, Alcohol abuse, PTSD, sleep disorders, Sexual abuse, Victim of crime,	Hindi Urdu Punjabi	
Registered Psychologist	Kylie	Finlayson	CHATSWOOD	Yes	GEN	CMHS > 18yrs +	ATSI			Adult mental health, Mens mental health, Anger Management, Emotional distress, Trauma, Prolonged grief, Depression, Anxiety, CBT, DBT, Narrative, Schema, Mindfulness Based Stress Reduction		
Registered Psychologist	June	Gay	CHATSWOOD		GEN	CMHS > 18yrs +	ATSI			Adjustment, Anxiety, Phobias, Assertiveness Training, Bullying, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Divorce, Separation, Gender / Sexual Indentity, Health Related Problems, Leadership, LGBTQI, Parenting, Post Natal Depression, PTSD, Sleep Disorders, Work Stress, Bullying		
Registered Psychologist	Christine	Kim	CHATSWOOD	Yes	GEN	CMHS > 8 YRS	ATSI	SPP		Anxiety, Depression, Trauma, Grief & Loss, Self Esteem, Relationships, Eating disorders, Body image, Managing stress during HSC, Parenting (specialise in the facilitation of 'Cool Kids' and 'Tuning into Teens', Major life changes, Childhood trauma, Domestic violence. ACT, CBT, Narrative Therapy, Mindfulness.	Korean	TELEHEALTH and F2F

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Registered Psychologist	Lidia	Long	CHATSWOOD	Yes	GEN		ATSI			Anxiety & Depression, Alcohol & Substance abuse, Bipolar disorder, Chronic disease management, Drug dependence, Gambling, Grief and loss, Parenting, Rehabilitation/injury counselling, Health related problems, Pain management, Personality disorders, OCD, Mental illness, Post-natal Depression. WDO Approved	Italian	
Social Worker	Ethel	Miman	CHATSWOOD		GEN	CMHS > 16yrs +	ATSI	SPP		Anxiety, Depression, Trauma, Complex trauma, Cultural and spiritual issues, Addictions, Sleep hygiene, Financial stress, Social isolation, Homelessness, Grief & Loss, Self Esteem, Relationships, Parenting, Carers & Vocational support. CBT, ACT, Motivational Interviewing & Creative Therapies.		TELEHEALTH ONLY AT THIS LOCATION
Registered Psychologist	Nicole	Radcliffe	CHATSWOOD	Yes	GEN	CMHS > 16	ATSI			Adjustment, Alcohol Abuse, Anxiety, Phobias, Assertiveness Training, Bullying, Couples Therapy, Critical Incident / Stress Debriefing, Depression, Divorce, Separation, Health Related Problems, Parenting, PTSD, Self Harm, Suicide, Work Stress / Bullying		SATURDAY APPTS ONLY AT THIS LOCATION
Registered Psychologist	May	Tse	CHATSWOOD		GEN	CMHS > 16yrs +	ATSI			CBT, DBT, ACT, IPT models, Treatment of Survivors of Abuse and Trauma, Domestic Violence & the Family Law, Child protection & prevention, Suicide & Crisis management, Aboriginal Cultural Awareness, Chronic Stress, Work & Relational Conflict, Anxiety, Depression, Family Violence, Separation & Divorce, Life transition & Adjustment, Loss & Grief, Trauma & Attachment problems, Weight Management, Mindfulness Training, Psycho Education. Family Therapy, Emotionally Focused Therapy	Cantonese Mandarin	
MH Nurse	Wendy	Corliss	COLLARROY PLATEAU	Yes	GEN		ATSI	SPP	PND	Wendy is trained in EMDR, Somatic Experiencing, Psychodynamic Psychotherapy, and Trauma Sensitive Yoga with over 20 years experience in Post-traumatic Stress Disorder, Addictions, Eating disorders, Adjustment, Anxiety/phobias, Depression, Postnatal Depression, Trauma, Anger Management, Community consult/evaluation, Dissociative identity disorder, self harm/suicide, PTSD, Alcohol abuse Health related problems Bullying		
Counselling Psychologist	Malcolm	Desland	CROWS NEST	No	GEN		ATSI	SPP		Trauma. Competent in Anger Management Assertiveness Training Therapy Dissociative identity disorder, LGBTQI		
Registered Psychologist	Racquel	Faram	CROWS NEST	Yes	GEN		ATSI	SPP	PND	Complex issues, Anxiety, Panic Attacks, Depression (including perinatal), Drug and alcohol use, Trauma, Stress, Relationship / family problems, Adjustment, Infertility, Grief and loss, life transitions and parent-infant attachment.		
Clinical Psychologist	Michelle	Doherty	CROWS NEST	Yes	GEN	CMHS > 16 YRS	ATSI			Anxiety, Depression, Grief & loss, Stress and burnout, Adult ADHD, Emotion regulation, Relationships, Identity and self-esteem, Trauma, Complex PTSD. Psychodynamic-informed, Integrative and Relational therapies.		
Registered Psychologist	Jackie	Kingston	CROWS NEST	Yes	GEN	CMHS > 18 yrs	ATSI	SPP	PND	Adjustment, Anxiety & Phobias, Depression Work stress & Workplace bullying, Self harm/suicide, Trauma, PTSD, Sleep disorder. CBT, ACT.		
Registered Psychologist	Jessica	McGinty	CROWS NEST	No	GEN	CMHS > 12 yrs	ATSI			Special interest in neurological conditions, Neurodivergence, Sleep, Dementia, Epilepsy, Illness-related Adjustment disorders, Functional Neurological Disorder (FND) and cognitive impairment. Adjustment disorder, Older persons, Dementia, Epilepsy, Anxiety & Phobias, Depression		
Registered Psychologist	Sue	Gynther	DENISTONE	No	GEN		ATSI			Anger related issues, Anxiety, Panic attacks, Assertiveness, Communication issues, Depression, Dissociative disorders, Eating disorders, LGBTQI+, Gender and sexuality, Grief / Bereavement, Life transitions, Post natal depression, Relationship issues, PTSD, Sexual abuse, Suicide, Couples therapy. CBT, Emotional release, Interpersonal, Person centred, Inner child, Trauma recovery.		
Registered Psychologist	Liliane	Benti	DEE WHY		GEN	CMHS > 12 YRS	ATSI	SPP	PND	Anxiety/Mood disorder PND Life transition/Adjustment Adolescent MH Self harm/suicide Behavioural Parenting Relationship	French	Tue / Thur: 12pm to 7 pm Wed : 9 am to 6pm
Registered Psychologist	Leanne	Cater	DEE WHY	No	GEN	CMHS > 15 YRS	ATSI	SPP		Anxiety & Phobias, Depression, Self esteem & self development, Shyness & social skills deficits, Alcohol & Substance abuse, Criminal behaviour, Family court issues, Postnatal Depression, Grief/loss, Adolescent mental health, Crisis management, Psychotic illnesses. CBT, Interpersonal Therapy, Mindfulness techniques, Solution Focused Therapy and practical based interventions.		

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Registered Psychologist	Vanessa	Ereaux	DEE WHY	Yes	GEN		ATSI		PND	Depression, anxiety & stress, ADHD support, Autism, Parenting concerns, Adjusting to change, Intense emotions and distress, Late life depression & anxiety, Pregnancy related concerns, Post natal depression & anxiety, Grief & loss, Sleep problems, Anger management, Assertiveness & self esteem, Life transitions, Finding meaning & purpose in life, Psychological support for women with Lipoedema.		
Registered Psychologist	Kate (Catherine)	McMaugh	DEE WHY		GEN	CMHS	ATSI	SPP		Community consult/evaluation, Post-traumatic stress, Sexual abuse, Personality disorders, Self harm/suicide, Trauma Adjustment, Anxiety/phobias Couples Cross-cultural Depression Intellectual disability Learning difficulties Parenting PND, PTSD, Dissociative Disorders		UPON REQUEST
Registered Psychologist	Hannah	Myall	DEE WHY	No	GEN	CMHS	ATSI			Anxiety disorders, Depression, Trauma, Neurodevelopmental disorders, Autism, ADHD, Anorexia Nervosa (AN), Bulimia Nervosa (BN), Binge Eating Disorder (BED), Orthorexia Nervosa (ON), Avoidant Restrictive Intake Disorder (ARFID), Other Specified Feeding or Eating Disorder (OSFED). Specialist credentialed eating disorder training in Cognitive Behavioural Therapy (CBT-E) through ANZAED, ACT, Mindfulness, EMDR, Cognitive Hypnotherapy, Neurolinguistic Programming (NLP), Emotional Freedom Technique, (EFT)		
Registered Psychologist	Nicole	Radcliffe	DEE WHY	Yes	GEN	CMHS > 14	ATSI			Adjustment, Alcohol Abuse, Anxiety, Phobias, Assertiveness Training, Bullying, Couples Therapy, Critical Incident / Stress Debriefing, Depression, Divorce, Separation, Health Related Problems, Parenting, PTSD, Self Harm, Suicide, Work Stress / Bullying		MONDAY AND FRIDAY APPTS ONLY AT THIS LOCATION
Registered Psychologist	Katrina	Dever	DURAL		GEN		ATSI			Adjust, Alcohol Abuse, Anxiety, Phobias, Assertiveness Training Therapy, Couple Therapy, Depression, Divorce, Separation, Eating Disorders, Gender Sexuality Identity, Health Related Problems, LGBTQI, Self Harm Suicide, Work Stress, Bullying		
Clinical Psychologist	Stephanie	Saulnier	DURAL		GEN		ATSI	SPP		Health related problems, PTSD, Trauma, Victims of Crime, anxiety & phobias, grief, stress, adjustment, depression, OCD, domestic violence.		
MH Nurse	Jason	Zou	EASTWOOD		GEN		ATSI	SPP		Adjust, Anger Management, Anxiety, Phobias, Behavioural Problems, Bully, Community Consultation Evaluation, Conflict Resolution, Couple Therapy, Cross Cultural, Depression, Divorce, Separation, Gambling, Health Related Problems, Impulsive Behaviours, Leadership, Learning Difficulties, Parent, PTSD, Self Harm, Suicide, Terminal Illness, Trauma, Work Stress, Bullying	Mandarin / Shanghainese	
Registered Psychologist	Ida	Soghomonian	EPPING	Yes	GEN		ATSI			Assertiveness training, divorce/separation, work stress, anxiety & phobias, couples therapy, cross-cultural, Depression, parenting, PND, trauma. WDO Approved.	Armenian Farsi	
Social Worker	Sarah	Barker	FRENCHS FOREST	YES	GEN	CMHS	ATSI			Children and Adolescents with disabilities, Mood disorders, Trauma, Neurodevelopmental disorders for all stages of the life cycle. Positive behaviour support		
Social Worker	Sue	Hawkins	FRENCHS FOREST	Yes	GEN	CMHS	ATSI	SPP	PND	Anxiety & phobias, Depression, Personality disorders, Postnatal Depression, Infertility issues, Relaxation, Stress Management, Grief/loss, Life transition & adjustment issues, Couples therapy, Work stress		
Registered Psychologist	Tanja	Limnios	FRENCHS FOREST	YES	GEN	CMHS	ATSI	SPP		Mood disorders, Trauma, Eating disorders, Low self-esteem, Workplace issues, Bullying and harassment, Conflict. EMDR, Family systems approach, Psycho-education, Parenting skills training.		
Clinical Psychologist	Fiona	Murray	FRENCHS FOREST		GEN		ATSI			Adjustment, Anxiety, Phobias, Couple Therapy, Depression, Gender, Sexuality, Identity, Infertility, LGBTQI, Parent, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Terminal Illness, Trauma, Work Stress, Bullying	Afrikaans	
Clinical Psychologist	Sarah	Langmore	GALSTON		GEN	CMHS	ATSI			Adjustment Anxiety/phobias/ Behaviour problems Depression/ Intellectual disability Learning difficulties parenting/ Self harm/suicide PTSD Bullying/ Anger management ADHD / Autistic spectrum Divorce/separation		
Clinical Psychologist	Yelena	Udy	GALSTON		GEN		ATSI	SPP		Assertive training, critical incident stress debriefing, health related problems, PTSD, Conflict resolution, Leadership, Behaviour problems, couples therapy, cross-cultural, trauma		
Clinical Psychologist	Simone	Isemann	GORDON	Yes	GEN		ATSI	SPP		Mood Disorders, Anxiety & phobias, Suicide, Depression Life transition & adjustment issues, Post-natal Depression Anger management		
Social Worker	Cecilia	Ma	GORDON		GEN	CMHS > 17 YRS	ATSI	SPP		Anxiety disorders, Trauma/PTSD, Mood disorders, School difficulties (bullying, academic stress), ADHD/Autism, Family stress, Domestic violence. EMDR, ACT, Mindfulness Based CBT, Somatic/Body Based Approach, Mindfulness Skills.		

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Registered Psychologist	Jeanette	Svehla	GORDON		GEN		ATSI			Gambling, Trauma, Depression, Other Mood Disorders, Anxiety, Substance Abuse Disorders, Life Transitions and Adjustment issues.		
Registered Psychologist	Julie	Bryant	GREENWICH		GEN	CMHS > 17 YRS	ATSI		PND	Anxiety, Depression, Perinatal Mental Health, Attachment Parenting, Pregnancy, Childbirth, Postpartum, Eating disorders. ACT, CBT, DBT, Trauma focused CBT, Interpersonal Psychotherapy.		TELEHEALTH
Clinical Psychologist	Sally-Anne	Aarons	HORNSBY		GEN	CMHS > 16 YRS	ATSI	SPP		Anxiety, Panic attacks, Depression, Divorce/Separation, Grief/Bereavement, Insomnia, Intimacy issues, Life threatening illness, Life transitions, Loneliness, Neurological disorders, Chronic pain/Rehabilitation, Post natal depression, PTSD, Trauma recovery, Women's issues, Aging, neuro degenerative disease, Adjustment, Health related problems, Sleep disorders, Parkinson's. ACT, Attachment Theory, CBT, DBT, EMDR, Developmental, Mindfulness, Motivational Interviewing, Schema Therapy, Solution Oriented, Trauma-Informed.		
Registered Psychologist	Megan	Andriessen	HORNSBY		GEN	CMHS > 17 YRS	ATSI			Depression, Anxiety, Attentional issues, Traumatic Stress, Life changes and transitions, PTSD, ADHD, Adjustment issues, Anger Management, Bereavement, Bipolar disorder, Coping skills, Emotional disturbance, Men's issues, Mood Disorders, OCD, Sexual abuse, stress. CBT, CPT, ACT, DBT, Schema Therapy.		
Clinical Psychologist	Kim	Boyd	HORNSBY	Yes	GEN	CMHS > 16 YRS	ATSI	SPP	PND	Adjustment Disorder, Anger Management, Anxiety, Phobias, Assertiveness Training, Bullying, Critical Incident Stress Debriefing, Cross Cultural, Cultural Inv, Depression, Dissociative Identity Disorder, Divorce and Separation, Eating Disorder, Health Related Problems, Impulsive Behaviour, Personality Disorder, Post Natal Depression, PTSD, Self Harm/Suicide, Sexual Abuse, Sleep Disorder, Terminal Illness, Trauma, Work Stress and Bullying		F2F / Telehealth
Registered Psychologist	Emily	Evenhuis	HORNSBY		GEN	CMHS	ATSI			Registered psychologist with over 15 years experience working with children, adolescents and adults in a reparative way.		
Registered Psychologist	Herbert	Fung	HORNSBY	Yes	GEN	CMHS > 15 YRS	ATSI			Depression, Anxiety, Adjustment disorders, Complex Post traumatic stress disorder (PTSD), relationship conflict, Grief and loss, Anger management, Drug and alcohol issues, Severe mental disorders and illnesses.	Cantonese	Works Wednesdays
Registered Psychologist	Leesa	Garrety	HORNSBY	Yes	GEN	CMHS	ATSI	SPP		Adjustment, Anxiety, Phobias, Depression, Schizophrenia, Bipolar disorder, Gambling addictions, Trauma, Parenting, Post natal depression, Health Related Problems, Work Stress, Bullying. ACT, CBT, Interpersonal Therapy, Solution focused therapy, Motivational Interviewing and strengths based therapy.		Monday / Thursday
Registered Psychologist	Sharon	Hill	HORNSBY	No	GEN	CMHS > 16 YRS	ATSI			Anxiety, Depression, Trauma, Post-traumatic Stress Disorder, Addiction, Anger Management, Trauma, Relationship, family and work issues. CBT, Mindfulness, Narrative Therapy, Trauma Processing, Schema Therapy and Attachment interventions.		
Social Worker	Purna	Kalra	HORNSBY		GEN	CMHS > 17 YRS	ATSI	SPP		PTSD, Sexual abuse, Personality disorders, Depression self harm/suicide, Trauma / Childhood Trauma, Attachment issues. DBT	Hindi / Urdu	
Registered Psychologist	Jackie	Kingston	HORNSBY	Yes	GEN	CMHS > 18 yrs	ATSI	SPP	PND	Adjustment, Anxiety & Phobias, Depression Work stress & Workplace bullying, Self harm/suicide, Trauma, PTSD, Sleep disorder		
Social Worker	Roslyn	Luijerkink	HORNSBY	Yes	GEN		ATSI			Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Cultural, Depression, Divorce, Separation, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviour, LGBTQI, Personality Disorders, PTSD, Self Harm, Suicide, Sexual Abuse, Trauma, Victims of Crime, Work Stress / Bullying		
Registered Psychologist	Donald	O'Shaughnessy	HORNSBY	No	GEN	CMHS > 12YRS	ATSI			Anger Management, Sexual abuse, ADHD, Autistic Spectrum, Intellectual Assessment, behaviour problems, Couples Therapy, Parenting, Trauma, men's health issues, PTSD, Anxiety/phobias, Depression Juvenile Justice		
Registered Psychologist	Leslie	Spitz	HORNSBY	No	GEN		ATSI			ADHD, Adjustment, Anxiety, Phobias, Behaviour Problems, Depression, LGBTQI, Personality Disorders, PTSD, Trauma, Victims of Crime, Work Stress / Bullying		
Clinical Psychologist	Kathryn	Taylor	HORNSBY		GEN		ATSI			Depression, Anxiety, Post Traumatic Stress Disorder, Adjustment disorder, Homelessness		UPON REQUEST

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Registered Psychologist	Simone	Natoli	HUNTERS HILL		GEN		ATSI			ADHD, Adjustment, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Cross Cultural, Depression, Divorce, Separation, Eating Disorders, Impulsive Behaviours, Intellectual Assessments, Intellectual Disabilities, Learning Difficulties, PTSD, Self Harm, Suicide, Trauma	
Registered Psychologist	Rudolf	Stork	HUNTERS HILL		GEN	CMHS	ATSI	SPP		Anger management, Assertiveness Training Therapy, GLBTQ, Alcohol abuse, Personality disorders, Depression, Anxiety and phobias, Gambling. CBT	Czech
Clinical Psychologist	Clara	Fritchley	KELLYVILLE		GEN		ATSI			ADHD, Adjustment disorder, Alcohol Abuse, Anxiety, Phobias, Behavioural Problems, Criminal Behaviour, Depression, Dissociative Identity Disorder, Eating Disorder, Family Court Issues, Impulsive Behavior, Infertility, Intellectual Disability, Legal Rep, Management of Offenders, Parenting, Personality Disorder	
Social Worker	Cecilia	Ma	KILLARA		GEN	CMHS > 17 YRS	ATSI	SPP		Anxiety disorders, Trauma/PTSD, Mood disorders, School difficulties (bullying, academic stress), ADHD/Autism, Family stress, Domestic violence. EMDR, ACT, Mindfulness Based CBT, Somatic/Body Based Approach, Mindfulness Skills.	Fridays Only at this Location
Clinical Psychologist	Michelle	Doherty	KILLARNEY HEIGHTS	Yes	GEN	CMHS > 16 YRS	ATSI			Anxiety, Depression, Grief & loss, Stress and burnout, Adult ADHD, Emotion regulation, Relationships, Identity and self-esteem, Trauma, Complex PTSD. Psychodynamic-informed, Integrative and Relational therapies.	
Registered Psychologist	Karina	Feldmann	KILLARNEY HEIGHTS	Yes	GEN	CMHS > 16 YRS	ATSI			Anxiety and worry, Phobias and fears, Perfectionism, Challenging Behavior, Neurodiversity (Autistic and ADHD people), Depression and low mood, Emotional Dysregulation or mood swings, Self-esteem, Social Skills Development, Trauma, Divorce and Separation, School-Refusal or School "Can't", Grief and Loss, Panic Attacks, Parenting Support, Attachment Issues, Sleep Difficulties, Body-Focused Repetitive Behaviors, School Adjustment and Bullying, Academic Stress and Anxiety (Year 12, University, Work), Organisational and Executive Functioning Skills, Family/ Relationship Concerns, Friendship Issues, Stress and difficulty adjusting to change, Burn out and work/ life balance concerns Issues and confidence issues. ACT, Attachment focused therapies, CBT, Mindfulness, Trauma informed, EMDR	Mon / Tue / Wed
Clinical Psychologist	Michelle	Hopkinson	KILLARNEY HEIGHTS	Yes	GEN		ATSI			Anger Management, Assertiveness Training Therapy, Critical incident stress debriefing, Health related problems, PTSD, ADHD, Conflict resolution, Adjustment, Anxiety & phobias, Depression, Self Harm/suicide, Trauma	
Registered Psychologist	Kylie	McIntosh	KILLARNEY HEIGHTS	No	GEN		ATSI			Childhood Trauma, Adjustment, PTSD, Depression, Anxiety, Hyper-vigilance, Anger issues, Grief and loss, Stress, Relationship issues, Confidence and Self esteem, Addiction behaviours, ADHD. Trauma and attachment-informed approach, Psychoeducation, Schema therapy, CBT, Mindfulness techniques.	F2F / Telehealth
Clinical Psychologist	Stephanie	Morse	KILLARNEY HEIGHTS	Yes	GEN	CMHS	ATSI			Works with Children, Families, and Adults, Anxiety and phobias, Challenging behaviours, ADHD and Autism, Perfectionism, Self-esteem, Organisational skills and lifestyle factors, Depression, Communication within families	
Registered Psychologist	Sarah	Buchanan	LANE COVE		GEN	CMHS	ATSI			Adjust, Anxiety, Phobias, Assertiveness Training Therapy, Behavioural Problems, Bully, Critical Incident / Stress Debriefing, Depression, Divorce, Separation, Gender, Sexuality, Identity, Health Related Problems, Initial Assessment, Intellectual Disabilities, Learning Difficulties, LGBTQI, Self Harm, Suicide, Sleep Disorders, Trauma	
Registered Psychologist	Angela	Cooley	LANE COVE	Yes	GEN		ATSI	SPP	PND	Anxiety & phobias, Post-natal Depression, Depression, Eating disorders, Pain management, Stress management, Weight management, PTSD, Parenting, Victim of crime	ON LEAVE 1 - 31 MARCH 2025
Registered Psychologist	Benjamin	Ebert	LANE COVE	Yes	GEN		ATSI	No SPP		Anger Management, Anxiety, Phobias, Assertiveness Training, Bullying, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Divorce, Separation, Family Court Issues, Health Related Problems, Impulsive Behaviours, LGBTQI, Personality Disorder, PND, PTSD, Self Harm/Suicide, Sexual Abuse, Sleep Disorder, Terminal Illness, Trauma, Victim Of Crime, Work Stress/Bullying. WDO Approved.	
Registered Psychologist	Sue	Gynther	LANE COVE	No	GEN		ATSI			Anger related issues, Anxiety, Panic attacks, Assertiveness, Communication issues, Depression, Dissociative disorders, Eating disorders, LGBTQI+, Gender and sexuality, Grief / Bereavement, Life transitions, Post natal depression, Relationship issues, PTSD, Sexual abuse, Suicide, Couples therapy. CBT, Emotional release, Interpersonal, Person centred, Inner child, Trauma recovery.	

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Registered Psychologist	Rafaela	Luca	LANE COVE		GEN	> 18 only	ATSI			Adults, PTSD, Sleep disorders, Sexual abuse, Victim of crime, Adjustment, Anxiety/phobias, Depression, self harm/ suicide, Trauma, Insomnia and other sleep issues, Grief & loss, Gender / Sexual issues, Psychotic disorders, Substance abuse. ACT, CBT, Interpersonal, Mindfulness, Solution-focused therapy.		
Clinical Psychologist	Alexandra	Robson	LANE COVE		GEN	CMHS > 3YRS	ATSI			Anxiety, Depression, Mood disorders, ASD, Parenting, Attachment, Trauma, stress. CBT ACT, DBT, Family Therapy		AT CAPACITY UNTIL JUNE 2025
Registered Psychologist	Alexandra	Irving (Saunders)	LANE COVE		GEN		ATSI	SPP	PND	ADHD, Adjustment, Drug and Alcohol Abuse, Personality disorders, Anger Management, Anxiety, Phobias, Assertiveness Training, Behavioural Problems, Bullying, Criminal Behaviours, Depression, Divorce / Separation, Eating Disorders, Health Related Problems, Impulsive Behaviours, Sleep Disorders, Trauma, Work Stress, Bullying. CBT, Exposure Therapy, Solution Focused Therapy, Mindfulness, Motivational Interviewing.		
Social Worker	Lisa	Brown	LINDFIELD		GEN	CMHS > 18YRS	ATSI	SPP		Depression, Anxiety & phobias, PTSD, Chronic pain, Work stress, Divorce, Separation, Post-natal Depression, Assertiveness Training, Life transition & adjustment issues, Suicide Prevention/ Self Harm, Insomnia, Stress, Relationships Issues, Grief & Loss, Pain Management, Sexual Abuse, Sexuality, Terminal Illness, Trauma. Strengths Based, Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Mindfulness, Internal Family Systems, Brief Solutions Focused, Narrative Therapy, Parenting Support. Trauma Research Certificate, CBT, DBT, ACT, IFS, BSFT, Parent Hope Project, Inside Out (Eating Disorder)		
Clinical Psychologist	Elizabeth	Mackenzie	LINDFIELD	Yes	GEN	CMHS	ATSI	SPP		Anxiety disorders, Mood disorders, Child, Adolescent, Adult, BPD, Trauma, Adjustment disorder, Emotion regulation difficulties, Trauma, Stress, Addiction and substance use, Relationship difficulties, School and learning difficulties, Self esteem. Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Dialectical Behavioural Therapy (DBT)		AT CAPACITY - BY REQUEST ONLY
Registered Psychologist	Melanie	Norman	LINDFIELD		GEN	CMHS > 14YRS	ATSI	SPP		ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behaviour Problems, Conflict Resolution, Depression, Disidentity Disorders, Divoce Separation, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, Intellect Assessments, Leadership, Learning Difficulties, Legal Representative, LGBTQI, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Trauma, Victims of Crime, Work Stress, Bullying. ACT, Biofeedback, CBT, DBT, EMDR Therapy, In Vivo Exposure Therapy, Interpersonal, Mindfulness, Narrative Therapy, Psychoanalytic, Psychodynamic, Solution-Focused Therapy		
Registered Psychologist	Susanne	Sorelle-Uebergang	MACQUARIE PARK		GEN		ATSI			ADHD, Adjustment, Anger Management, Anxiety Phobias, Assertive Training, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Disident Disorder, Divorce Separation, Eating Disorders, Family Court Issues, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, Infertility, Legal Reports, Management Offenders, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self / Harm Suicide, Sexual Offences, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims of Crime, Work Stress / Bullying - Culturally diverse clients suffering from Depression and PTSD	Hungarian	TELEHEALTH ONLY
Registered Psychologist	Esther	Wong	MACQUARIE PARK	Yes	GEN	CMHS > 16YRS	ATSI			Anxiety, Depression, Bipolar disorder, Relationship issues, Adjustment, Parenting, Cultures and family dynamics, Perinatal anxiety and depression. Cognitive Behaviour Therapy (CBT), Interpersonal Therapy and Dialectical Behaviour Therapy (DBT).	Cantonese and Mandarin	
Registered Psychologist	Keren	Calvert	MANLY	Yes	GEN		ATSI	SPP		Adjustment, Anxiety/Phobias, Assertiveness Training, Bullying, Depression, Health Related Problems, PTSD, Self Harm/Suicide, Trauma		CURRENTLY ON LEAVE
Registered Psychologist	Barbara	Sorensens	MANLY	Yes	GEN		ATSI			Mental illness, Personality disorders such as Borderline Narcissistic and schizoid, Post traumatic stress disorder, Chronic pain, Schizophrenia and other psychotic disorders, Depression, Anxiety & phobias, Self harm, OCD, Self esteem & self development, Impulsive behaviours. CBT, DBT, Narrative Therapy, Intensive Short-term Dynamic Psychotherapy (ISTDP).	Danish French	
Registered Psychologist	Angie	Soliman	MCMASTERS BEACH	NO	GEN	CMHS > 5YRS	ATSI			Depression, Anxiety, Panic Attacks, Addictions, Eating Disorders, Personality Disorders, Bipolar Disorder, Post Traumatic Stress Disorder (PTSD), Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum, Learning Difficulties and Developmental Delays, Stress Management, Mediation, Interpersonal Counselling. ACT, CBT, DBT, EMDR, EEG Neurofeedback, Narrative and Schema Therapy, Art Therapy.		TELEHEALTH

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Registered Psychologist	Massoud	Amani	MILSONS POINT	No	GEN	CMHS > 17yrs	ATSI	SPP		Depression, PTSD, Anxiety & phobias, Asperger's syndrome, Post-natal Depression, Bullying, Sexual abuse, Grief / loss, self esteem & self development, Shyness & social skills deficits.	Persian Swedish Dari	
Social Worker	Jan	Alexander	MONA VALE	No	GEN	CMHS	ATSI			Anxiety & phobias, Depression, Dissociative Identity Disorder, Eating disorder, Postnatal Depression, PTSD, relationships		
Registered Psychologist	Kelly	Allen	MONA VALE	No	GEN					Anxiety & phobias, Depression, Eating disorders, Post-natal Depression, Mental Illness, OCD, ADHD, Self harm, Sexual abuse, Suicide, EMDR Therapy		
Clinical Psychologist	Stacey	Berry	MONA VALE	No	GEN	CMHS	ATSI	SPP		Adjustment, Alcohol Abuse, Anger Management, Anxiety, Panic, Phobias, Assertiveness Training Therapy, Bullying, Stress, Depression, Family Separation, Grief, Health Related Problems, Leadership, LGBTQI, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicidality, Sexual Abuse, Sleep Disorders, Life Transitions, Trauma, Victims of Crime.		UPON REQUEST
Registered Psychologist	Celine	Besso	MONA VALE	Yes	GEN	CMHS > 5 YRS	ATSI	SPP		Anxiety, mood disorders, perinatal mental health, trauma, parenting, post-traumatic stress, self harm, eating disorders/body image, life transitions. ACT, CBT, DBT, Trauma Informed practice, Narrative Therapy and Mindfulness.		
Registered Psychologist	Jessica	Booth	MONA VALE		GEN	CMHS > 12 YRS	ATSI			Depression, Anxiety, Trauma, Family conflict, Friendships and social problems, Loss, Fears, School, Uni and Work stress, Career or work problems, Emotional distress or Relationship difficulties. CBT, EMDR, Wilderness Therapy.		
Clinical Psychologist	Christopher	Brett	MONA VALE	Yes	GEN		ATSI			Adolescents, Young adults, Adults, Anxiety, Mood disorders, Trauma, Self-esteem, OCD, Neurological-related difficulties, ADHD, ASD. EMDR, ACT, CBT, Schema therapy.		
Clinical Psychologist	Elise	Edwards	MONA VALE	Yes	GEN	CMHS > 15 YRS	ATSI			Childhood Trauma, Personality disorders, Body image difficulties, Eating disorders, Anxiety, Depression, Self-esteem, Identity issues, Grief and loss. ACT, DBT, CBT, Trauma-informed Psychotherapy		
Clinical Psychologist	Linda	Elliott	MONA VALE	No	GEN		ATSI		PND	Post-natal Depression, Perinatal		AT CAPACITY
Social Worker	Lisa	Fawkner	MONA VALE	Yes	GEN	CMHS	ATSI	SPP		Anxiety, Depression, Risk of Suicide, Deliberate self harm, Personality disorders, Physical abuse, Abuse, Trauma, Domestic Violence, Grief and loss, LGBTQI, Sexual Identity Disorders, Eating disorders and Substance use/abuse.		CURRENTLY HAS WAITLIST
Registered Psychologist	Kirsten	Gillies	MONA VALE	Yes	GEN	CMHS > 18 YRS	ATSI	SPP		Anxiety, Depression, Social Anxiety, Life transitions. ACT, CBT, Schema Therapy, Mindfulness		
Registered Psychologist	Alice	Jaroszewicz	MONA VALE	Yes	GEN		ATSI			Mood disorders, Anxiety, Adjustment, Stress, Self-esteem, Substance misuse and Addiction. CBT, ACT, Mindfulness, Solution-focused Therapy		
Registered Psychologist	Debra	Lawler	MONA VALE	Yes	GEN	CMHS	ATSI	SPP		ADHD, Adjust, Anger Management, Anxiety, Phobias, Assertive Training, Autism Spectrum, Behavioural Problems, Bully, Conflict Resolution, Depression, Health Related Problems, Impulsive Behaviour, Initial Assessment, Intellectual Disabilities, Parenting, PTSD, Self Harm, Suicide, Trauma, Work Stress, Bullying		CURRENTLY AT CAPACITY - Tues, Wed, Thurs 9am -6pm
Social Worker	Molly	Millington	MONA VALE	Yes	GEN	CMHS	ATSI			Anxiety, Trauma, Stress, Work-life balance, School-related issues, Attachment issues, Perinatal mental health, Domestic violence. CBT, Trauma-informed Practice, Ecological Systems Therapy, Strengths-based Approaches, Mindfulness.		
Social Worker	Natalie	Morton	MONA VALE		GEN		ATSI			Individual couple and family relationships, Depression, Anxiety, Loss and Grief, Abuse and Trauma		
Registered Psychologist	Julie	Preston	MONA VALE		GEN		ATSI			Depression, Anxiety, PTSD, CPTSD, Borderline Personality Disorder, Eating Disorders, Addictions both substance and process addictions, codependency and other relationship issues. CBT, DBT, ACT, Narrative Therapy, Sensorimotor Psychotherapy, Mindfulness		UPON REQUEST
Registered Psychologist	Jessica	Radovan	MONA VALE	Yes	GEN	CMHS	ATSI			ADHD, Adjustment, Anger Management, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Depression, Eating Disorders, Health Related Problems, Intellectual Assessment, Learning Difficulties, Parenting, Self Harm, Suicide		
Registered Psychologist	Alice	Thorn	MONA VALE		GEN	CMHS > 15 YRS	ATSI			Anxiety, Depression, Panic Attacks, Interpersonal Trauma, Low self-esteem, Attachment/Parenting, Phobias. CBT, Schema Therapy, Circle of Security, Internal Family Systems Therapy.		

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Registered Psychologist	Anita	Van Aken	MONA VALE	Yes	GEN	CMHS > 11 YRS	ATSI	SPP		Anger Management, Conflict Resolution, Couples Therapy, Divorce, Separation, Family Court Issues, Leadership, Parenting, Trauma, Work Stress, Bullying		
Registered Psychologist	Lize	Van Der Watt	MONA VALE	Yes	GEN	CMHS > 18 YRS	ATSI			Anxiety, Depression, Stress, Self-esteem, Isolation, Work-related challenges, Adult ADHD, Performance anxiety, Life transitions, Career guidance, Burnout, Personal development, Relationship difficulties. CBT, ACT, Gestalt and Mindfulness, Individual and Group Coaching		
Social Worker	Alison	Wallace	MONA VALE	No	GEN	CMHS	ATSI			Postnatal Depression, Stress Management, Self Harm, Infertility Issues, Physical abuse, Anxiety & phobias, PTSD, Behavioural Problems, Sexual abuse, Life transition and adjustment issues		
Registered Psychologist	Soha	Worton (Fassaie)	MONA VALE	Yes	GEN	CMHS	ATSI	SPP		ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Bullying, Conflict Resolution, Cultural, Depression, Divorce, Separation, Gambling, Gender / Sexual Identity, Health Related Problems, Infertility, Intellectual Assesments, Parenting, Post Natal Depression, Victims of Crime, Work Stress / Bullying		
Registered Psychologist	Jovana	Sladakovic	MONA VALE		GEN	CMHS	ATSI	SPP		Anxiety, Phobia, Assertiveness Training, Depression, Parenting, Panic disorder		
Clinical Social Worker	John	Coady	MOSMAN		GEN	CMHS > 18 yrs	ATSI	SPP		COVID 19 Stress, Post traumatic stress disorders (PTSD) & Trauma, Depression and Anxiety, Grief and loss, Life stage, health changes and adjustment issues, Relationships & emotional stresses, Sexual health, Gay and lesbian issues, Physical, Emotional and aged health care. Gestalt Therapy.		
Clinical Psychologist	Sara	Hosking	MOSMAN	No	GEN	CMHS	ATSI	SPP	PND	Anxiety & phobias, PTSD, Depression, Employee assistance program, Work stress, ADHD, Post-natal Depression, Assertiveness Training Therapy, Life transition & adjustment issues, Behavioural problems, Eating disorders in adolescents, Bipolar Disorder in Young People, Insomnia, Stress, Relationships Counselling, Addictions, Grief & Loss, Pain Management, Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Mindfulness, Schema Therapy, EDMR and Hypnosis		
Clinical Psychologist	Fiona	Martin	MOSMAN	No	GEN	CMHS	ATSI	SPP	PND	Anxiety, Depression, Autism Spectrum Disorder, Learning disorders, Intellectual disabilities, Behavioural and attention difficulties, Health related issues particularly supporting patients with Facioscapulohumeral Muscular Dystrophy (FSHD), Supporting families going through separation and divorce Skilled in a range of therapeutic techniques including family systems and attachment based parenting programs.		
Registered Psychologist	Helen	Fuller	NARRABEEN		GEN	CMHS	ATSI	SPP		Anxiety, Depression, Grief / Loss, Trauma, Bullying, Self-esteem, Adolescent mental health, Child mental health, CBT		
Registered Psychologist	Leesa	Garrety	NORTHBRIDGE	Yes	GEN	CMHS	ATSI	SPP		Adjustment, Anxiety, Phobias, Depression, Schizophrenia, Bipolar disorder, Gambling addictions, Trauma, Parenting, Post natal depression, Health Related Problems, Work Stress, Bullying. ACT, CBT, Interpersonal Therapy, Solution focused therapy, Motivational Interviewing and strengths based therapy.		(Works at this location on Fridays)
Clinical Psychologist	Gerry	Mobbs	NORTH NARRABEEN	Yes	GEN		ATSI	SPP		Anxiety, Depression, Drug and alcohol, Substance abuse, Mood disorders, Stress and trauma, Low self esteem, Health and eating		
Registered Psychologist	Mitchell	Brown	NEUTRAL BAY		GEN		ATSI			Anxiety, Depression, Phobias, Addictions, Trauma, Grief, PTSD, Relationship issues, Work related issues including workplace stress, Bullying, Burnout, problem Gambling. CBT, EMDR. Schema Therapy.		
Registered Psychologist	Racquel	Faram	NEUTRAL BAY	Yes	GEN		ATSI	SPP	PND	Complex issues, Anxiety, Panic Attacks, Depression (including perinatal), Drug and alcohol use, Trauma, Stress, Relationship / family problems, Adjustment, Infertility, Grief and loss, life transitions and parent-infant attachment.		
Registered Psychologist	Shannon	Gostelow	NEUTRAL BAY	Yes	GEN	CMHS > 18 YRS	ATSI			Assessment and counselling around anxiety and mood disorders, substance use, stress, and relational and family difficulties. Cognitive Behavioural Therapy, Solution-Focused Therapy and supportive counselling along with motivational interviewing, psycho-education and mindfulness techniques. Creative individuals and older adults		
Registered Psychologist	Lize	Van Der Watt	NEUTRAL BAY	Yes	GEN	CMHS > 18 YRS	ATSI			Anxiety, Depression, Stress, Self-esteem, Isolation, Work-related challenges, Adult ADHD, Performance anxiety, Life transitions, Career guidance, Burnout, Personal development, Relationship difficulties. CBT, ACT, Gestalt and Mindfulness, Individual and Group Coaching		

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Registered Psychologist	Sanchana	Venkatesh	NEUTRAL BAY	No	GEN		ATSI			Anxiety disorders, Mood disorders, Grief & Loss, Chronic illness, Life transitions/Adjustment disorders, Tics + Tourettes, OCD. CBT, ACT, DBT		
Clinical Psychologist	Kirstin	Barchia	NEWPORT	Yes	GEN		ATSI			Bullying, ADHD, Anxiety & phobias, Depression, OCD, Postnatal Depression, Sleeping disorders, Stress management, Pain management		
Registered Psychologist	Tatiana	Da Silva	NORTH SYDNEY	Yes	GEN		ATSI	SPP		Adjustment Anxiety/phobias Couples therapy Cross-cultural Depression Eating disorders/ PND Self harm/Suicide Trauma	Portuguese	CURRENTLY HAS WAITLIST
Registered Psychologist	Beth	Fortuin-Hathway	NORTH SYDNEY	No	GEN		ATSI	SPP	PND	Anxiety, Depression, Grief, Personality disorders, Dementia support for family members, Stress. Acceptance and Commitment Therapy (ACT), Cognitive Behaviour Therapy (CBT) and Solution Focused Therapy. Non-directive pregnancy support counselling		SATURDAY APPTS / TELEHEALTH AVAILABLE
Registered Psychologist	Adam	Horvath	NORTH SYDNEY	NO	GEN	CMHS	ATSI	SPP		Borderline Personality disorders, Obsessive compulsive disorder, Anxiety, Depression, Anger management, Alcohol use, Chronic Pain, Codependency, Substance Abuse, Emotional disturbance, Men's issues, Trauma, Relationship issues, Family conflict. CBT, DBT, Attachment-Based Family Therapy (ABFT), Emotionally Focused Couples Therapy (EFT).	German, Hungarian, Spanish	
Registered Psychologist	Adena	Silverstein	NORTH SYDNEY		GEN		ATSI			Adjustment, Anxiety, Phobias, Assertiveness Training, Couples Therapy, Cross Cultural, Depression, Divorce, Separation, Gender / Sexual Identity, Infertility, Leadership, Learning Difficulties, LGBTQI, Parenting, Post Natal Depression, Work Stress / Bullying		
Registered Psychologist	Kathi	Pauncz	NORTHBRIDGE	Yes	GEN		ATSI			Anger Management, Anxiety, Phobias, Assertiveness Training, Couples Therapy, Depression, Gambling, Personality Disorder, PTSD, Self Harm/Suicide, Trauma, Victim Of Crime, Work Stress/Bullying. EMDR Therapy		
Clinical Psychologist	Lesley	Smyth	NORWEST	No	GEN		ATSI			Panic & phobias, Separation Anxiety, Social Anxiety & Shyness, Health Anxiety, Obsessive Compulsive Disorder (OCD), Work Stress, Depression & low mood, Management Bipolar Disorder, Parenting & perinatal support, Carer support, Assertiveness, Sleeping difficulties, Grief & loss, Managing Chronic pain and fatigue		
Registered Psychologist	Shalav	Mehta	PARRAMATTA	Yes	GEN	CMHS >16 YRS	ATSI	SPP		Depression, Anxiety, Bullying, Health related problems, Mindfulness, Cross cultural, Trauma, ADHD, Alcohol abuse, PTSD, sleep disorders, Sexual abuse, Victim of crime,	Hindi Urdu Punjabi	
Clinical Psychologist	Jennifer	Gardner	PYMBLE	No	GEN	17yrs +	ATSI			Mood, Anxiety, Adjustment Disorder, Grief and Loss, Adjustment Disorder, Trauma/ Complex Trauma, Emotional Dysregulation, Drug and Alcohol, Bulimia Nervosa, Binge Eating Disorder		TELEHEALTH ALSO AVAILABLE
Social Worker	Judith	Krause	PYMBLE	Yes	GEN		ATSI			Anxiety & phobias, Mental Illness, OCD, Personality disorders, Self esteem & self development, Couples therapy, Fertility / Sexual health, Work stress. CMH, Suicide/self harm		
Registered Psychologist	Avni	Pawar	PYMBLE	No	GEN	CMHS	ATSI			Experienced in early intervention and Applied Behaviour Analysis. Cognitive Behavioural Therapy (CBT), Schema Therapy and Acceptance and Commitment Therapy (ACT), along with a range of psychometric tests and assessments to provide tailored support to each client and their family. Emotional, behavioural and psychological challenges.		
Registered Psychologist	Carley	Petkovski	PYMBLE	No	GEN	CMHS	ATSI	SPP		Depression, Stress & Anxiety, Mood Disorders, Behavioural Issues, Parenting, Adjustment Issues, Self-Harm, Emotion Regulation including anger, Behavioural issues, Social skills, Trauma, Grief & Loss, Social Skills, ADHD, Self Esteem, Phobias, Post Natal Depression. CBT, Narrative Therapy, Solution Focused, Mindfulness, Play Therapy, Child-centric approach.		
Social Worker	David	Blyth	PYMBLE	Yes	GEN	CMHS > 16 YRS	ATSI			Anxiety disorders, Mood disorders, Eating disorders, Addictions Recovery Counselling, Anger Management, ADHD, Post traumatic stress disorder, Gottman Couples Therapy, Acute Stress disorder, Grief Support, Traumatic bereavement, Carer Counselling, Pastoral Development, Christian Faith based counselling.		
Social Worker	Jamie	Perrett	PYMBLE	Yes	GEN	CMHS > 18 YRS	ATSI	SPP (Upon Request)		Depression, Anxiety, Trauma, Grief and loss, Chronic pain, Ageing, Relationship issues, Life coaching, Work stress, Burn out and Sleep difficulties. ACT, Strengths Based, Trauma Informed, Recovery focused, Mindfulness and Relaxation, Psychoeducation, Stress management.		

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Clinical Psychologist	Lucy	Shi	PYMBLE	Yes	GEN	CMHS > 16	ATSI	SPP		Adjustment, Mood disorders, Anxiety, Phobias, Cross Cultural, Depression, Children and Adolescents, Parenting difficulties, Grief and loss, Relationship difficulties, Disordered Eating, Addiction, Complex Trauma, Chronic Illness. CBT, DBT, ACT, Schema Therapy, Trauma Informed perspectives.		
Registered Psychologist	Tanuza	Rahman	PYMBLE	Yes	GEN		ATSI		PND	Complex trauma, Adjustment issues, Grief and loss, Depression and Anxiety disorders, Eating disorders, Addiction, Gambling, Mood disorders, Perinatal mental health, Parenting as well as family and relationship challenges. CTB, ACT, Mindfulness-based therapy, Interpersonal Psychotherapy (ITP), Schema Therapy, DBT.	Bengali	
MH Nurse	Jason	Zou	PYMBLE		GEN		ATSI	SPP		Adjust, Anger Management, Anxiety, Phobias, Behavioural Problems, Bully, Community Consultation Evaluation, Conflict Resolution, Couple Therapy, Cross Cultural, Depression, Divorce, Separation, Gambling, Health Related Problems, Impulsive Behaviours, Leadership, Learning Difficulties, Parent, PTSD, Self Harm, Suicide, Terminal Illness, Trauma, Work Stress, Bullying	Mandarin / Shanghainese	TELEHEALTH AT THIS LOCATION
Registered Psychologist	Deborah	Admoni	ROSEVILLE	No	GEN	CMHS	ATSI			Trauma, work with children, adolescents and families, developmental disabilities, challenging behaviours, trauma/ complex trauma, intellectual disabilities, autism, ADHD		
Registered Psychologist	Anna	Powell	ROSEVILLE		GEN	CMHS > 16 YRS	ATSI			Stress, Anxiety, Depression, Alcohol and drug use including controlled drinking and smoking cessation, Workplace issues including stress management and conflict Work – life balance. ACT, CBT.		
Clinical Psychologist	Dawn	Russell	ROSEVILLE		GEN	CMHS > 12 YRS	ATSI	SPP		Anxiety Disorders (including social, generalised, panic, separation, health), Mood Disorders, Youth Mental Health, Child, Family and Parenting, Neurodiversity (ADHD and ASD), Supporting members of the LGBTQIA+ community, Emotion dysregulation and self-injury, OCD and related disorders, EMDR, DBT, CBT.		
Registered Psychologist	Kate (Catherine)	McMaugh	SEAFORTH	Yes	GEN	CMHS	ATSI	SPP		Community consult/evaluation, Post-traumatic stress, Sexual abuse, Personality disorders, Self harm/ suicide, Trauma Adjustment, Anxiety/phobias Couples Cross-cultural Depression Intellectual disability Learning difficulties Parenting PND, PTSD, Dissociative Disorders		UPON REQUEST
Registered Psychologist	Kim	Ambor	ST IVES	Yes	GEN	CMHS > 16 YRS	ATSI		PND	Couples, Families, Work Cover, Complex health, Trauma, Parents returning to work, Depression, Anxiety, Phobias, Work Stress, Post Natal Depression, Parenting. EMDR		
Social Worker	Hayley	Bilski	ST IVES	YES	GEN	CMHS > 12 YRS	ATSI			Anxiety, Depression, Self-esteem, Peer relationship issues, Gender identity challenges, Confusing life choices, Career needs, Bullying and school or work concerns. Stress management, Personal growth and awareness. Acceptance and Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT) and Compassion-Focused Therapy. Nature focused walks.		
Social Worker	Eitan	Dekel	ST IVES	Yes	GEN	CMHS > 17 YRS	ATSI			Anxiety, Depression, Relationship Issues, Bereavement, Emotional Disturbance, Marital and Premarital, Obsessive-Compulsive (OCD), Mood Disorders, Elders (65+), Adults, Teens, Cognitive Behavioural (CBT), Psychobiological Approach, Couples Therapy, Psychodynamic, Rational Emotive Behaviour (REBT), Relational	Hebrew	
Registered Psychologist	Leesa	Garrety	ST IVES		GEN	CMHS	ATSI	SPP		Adjustment, Anxiety, Phobias, Depression, Schizophrenia, Bipolar disorder, Gambling addictions, Trauma, Parenting, Post natal depression, Health Related Problems, Work Stress, Bullying. ACT, CBT, Interpersonal Therapy, Solution focused therapy, Motivational Interviewing and strengths based therapy.		(Works Wednesdays / Saturdays at this location)
Clinical Psychologist	Anna	Bednarek	ST LEONARDS		GEN		ATSI			Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training Therapy, Depression, Eating Disorders, Gambling, Health Related Problems, Personality Disorders, Post Natal Depression, Self Harm, Suicide, Sleep Disorders		
Registered Psychologist	Emily	Constantine	ST LEONARDS	Yes	GEN	CMHS > 17 YRS	ATSI			Mood disorders, Depression, Bereavement, Dysthymia, Bipolar disorder, Trauma (childhood), Post Traumatic Stress Disorder, Anxiety, Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Depression, Parenting, Post Natal Depression, Trauma, Panic disorder, Social Phobia, Improving self-confidence, Assertiveness, enhancing life satisfaction, addressing procrastination and improving sleep. CBT, ACT, IPT, Exposure and Behavioural interventions, Mindfulness and Narrative Therapy.		

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MH Nurse	Kate (Kathleen)	Donohoe	ST LEONARDS	Yes	GEN		ATSI			Adjustment, Anxiety, Phobias, Autism Spectrum, Behaviour Problems, Couples Therapy, Depression, Health Related Problems, Impulsive Behaviours, Infertility, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Work Stress, Bullying		
Registered Psychologist	Sarah	Evenden	ST LEONARDS		GEN	CMHS > 10 yrs	ATSI	SPP		Adjustment, Anxiety, Phobias, Behaviour Problems, Depression, Impulsive Behaviours, specialises in working with teens		
Registered Psychologist	Lawrence	Fong	ST LEONARDS		GEN		ATSI			Anger Related Issues, Anxiety, Panic attacks, Burnout, Conflict Resolution, Cultural Issues, Depression, Divorce / Separation, Migrant Issues, Grief/Loss, Life Transitions, Work related issues. CBT, Hypnotherapy, NLP, Solution Orientated.	Cantonese	
Registered Psychologist	Rebecca	Fudge	ST LEONARDS		GEN	CMHS > 13 yrs	ATSI	SPP		Eating disorders, Complex Trauma, Anxiety, LGBTQIA Community, Severe mental illness for individuals and families, Suicide Prevention. DBT, ACT, Internal Family Systems (IFS), CBT, Adolescent Focused Therapy (AFT), Family Based Therapy (FBT).		
Registered Psychologist	Travis	Grogan	ST LEONARDS	Yes	GEN	CMHS > 13 yrs	ATSI			Adults and young people (13+), Anxiety, Depression, Substance use, Eating and feeding, Emotional regulation, Trauma, Social skills, Identity, Self-esteem, Couples and families, Communication, Parenting, Conflict resolution, Life transitions, Boundaries, Divorce. CBT, DBT, ACT		
Clinical Neuropsychologist	Jessica	McGinty	ST LEONARDS	Yes	GEN	CMHS > 12 yrs	ATSI			Special interest in neurological conditions, Neurodivergence, Sleep, Dementia, Epilepsy, Illness-related Adjustment disorders, Functional Neurological Disorder (FND) and cognitive impairment. Adjustment disorder, Older persons, Dementia, Epilepsy, Anxiety & Phobias, Depression		
Registered Psychologist	Kate (Catherine)	McMaugh	ST LEONARDS		GEN	CMHS	ATSI	SPP		Community consult/evaluation, Post-traumatic stress, Sexual abuse, Personality disorders, Self harm/suicide, Trauma Adjustment, Anxiety/phobias Couples Cross-cultural Depression Intellectual disability Learning difficulties Parenting PND, PTSD, Dissociative Disorders		UPON REQUEST
Clinical Psychologist	Jane	Randall	ST LEONARDS	Yes	GEN	CMHS > 18 yrs	ATSI	SPP		Psychosis, Severe mental illness for individuals and families, Adjustment, Anxiety, Depression,		
Counselling Psychologist	Erin	Seeto	ST LEONARDS				ATSI		PND	Specialist perinatal mental health service, Adjustment, Grief and loss, Pregnancy and Post-traumatic growth.		UPON REQUEST
Clinical Psychologist	Janet	Yap	ST LEONARDS		GEN	CMHS > 18 yrs	ATSI	SPP		Depression, Dysthymic disorder, Bipolar affective disorder, Anxiety, Social anxiety, Panic disorder, Trauma, Mood Disorders, Self Harm, Emotion Dysregulation, Personality Disorders, Substance use Disorders, Interpersonal conflicts, Adjustment Disorders, Role Transitions. ACT, CBT, DBT, Schema Therapy, Attachment and Trauma-informed Interventions.		Wednesdays 10am - 6pm, Friday 9am-6pm, Saturday 9am 3pm
Registered Psychologist	Malcolm	Choat	SURRY HILLS	Yes	GEN	CMHS >17 yrs	ATSI	SPP		Experienced in working with at-risk adolescents, and adults experiencing a broad range of psychological issues, Depression, Anxiety, Adjustment disorder, Schizophrenia, Bipolar disorder, Anger management, Substance abuse, Autism Spectrum Disorder, Developmental disorders, Dementia and/or cognitive decline, Gambling, Early Psychosis Intervention, Post traumatic stress disorder (PTSD), General counselling, Self development, Suicide prevention, Trauma, Work related issues, Conflict resolution. Trained in Neuropsychometric tools including the MMPI, the PAI, the WAIS and the WISC. CBT, ACT, Trauma Therapy and solution-focused therapy.		
Registered Psychologist	Isabel	Alfonso	TELEHEALTH	Yes	GEN	CMHS	ATSI			Stress, Anxiety, Panic attacks, Anger, Low self-esteem, Loneliness, Relationships, Communication skills, Life transitions, Work problems, Gambling, Hoarding, Body image, Grief and loss, Adverse childhood experiences.	Spanish	Mon / Wed / Thur 10 am to 6 pm

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Registered Psychologist	Maria	Alphonse	TELEHEALTH		GEN	CMHS > 4yrs	ATSI	SPP	PND	Experienced delivering therapy to families, couples, young adults, geriatrics, adolescents and children from 4 years of age. Academic counselling for children/Uni goers, Career counselling, Intellectual/Behavioral/Developmental disabilities, Learning Difficulties/ Disabilities management, Anxiety / Stress / Depression management, PTSD, Grief counseling, Abuse / Domestic violence, support NDIS, Antenatal/Postnatal psychological support, Addiction counselling, Assertiveness and Resilience training, Parental counselling, Academic Resilience, Psychometric assessments, Employee Assistance Program (EAP) counseling, Motivational and self esteem training, Obsessive compulsive conditions, Trauma, Relationship issues. CBT, Narrative therapy, DBT, Emotional focused therapy.	Kannada, Tamil, Malayalam	
Registered Psychologist	Natalie	Bauer	TELEHEALTH		GEN		ATSI			Gambling, Gender, Sexuality, Identity, Health Related Problems, Impulsive Behaviours, Infertility, Intellectual Disabilities, Learning Difficulties, Management Offenders, Parent, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims of Crime, Work Stress, Bullying		
Registered Psychologist	Sang	Cheung	TELEHEALTH		GEN	CMHS >18 yrs	ATSI			Forensic psychology, Emotional Regulation, Criminogenic risk reduction, Mood disorders, Anger management, Life transitions, Trauma, Management of Psychotic symptoms, Social and Coping skills development.	Cantonese / Mandarin	
Clinical Psychologist	Alison	Cornish	TELEHEALTH	Yes	GEN		ATSI			Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Depression, Parenting, Post Natal Depression, Trauma		TELEHEALTH ONLY
Registered Psychologist	Fabian	Fiderer	TELEHEALTH		GEN		ATSI			Telehealth services only. Adolescents, Attention deficit-hyperactivity disorder (ADHD), Autism Spectrum Disorders, Depression, Life Transition and Adjustment Issues, Men's issues, School / Workplace Issues / Bullying, Self-Esteem, Shyness & social skills deficits. Mindfulness-Based and Solution Focused Therapy, CBT & DBT.	German	TELEHEALTH ONLY
Registered Psychologist	William (Wai Lun)	Fu	TELEHEALTH		GEN	CMHS > 6 yrs	ATSI	SPP	PND	Eating Disorders, Adolescent mental health, Chronic pain, Trauma, Suicide Prevention, CALD,		TELEHEALTH ONLY
Registered Psychologist	Herbert	Fung	TELEHEALTH	Yes	GEN	CMHS > 15 YRS	ATSI			Depression, Anxiety, Adjustment disorders, Complex Post traumatic stress disorder (PTSD), relationship conflict, Grief and loss, Anger management, Drug and alcohol issues, Severe mental disorders and illnesses.	Cantonese	
Registered Psychologist	Ben	Gleeson	TELEHEALTH		GEN		ATSI	SPP		Adjustment disorder, Alcohol Abuse, Anger Management, Anxiety and Phobias, Assertiveness Training, Depression, Gambling, Impulsive Behaviour, PND, PTSD, Self Harm/Suicide, Trauma, Work Stress/Bullying		TELEHEALTH ONLY
Registered Psychologist	Alexandra	Irving (Saunders)	TELEHEALTH		GEN	CMHS > 16yrs +	ATSI	SPP	PND	ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behavioural Problems, Bullying, Criminal Behaviours, Depression, Divorce / Separation, Eating Disorders, Health Related Problems, Impulsive Behaviours, Sleep Disorders, Trauma, Work Stress, Bullying		TELEHEALTH ONLY
Registered Psychologist	Dee-Anne	James	TELEHEALTH	Yes	GEN	CMHS	ATSI	SPP		Anxiety, OCD, Mood disorders, Personality disorders, Trauma, Domestic violence, Suicide risk, Self-harm, Parenting, Challenging behaviour, Adjustment, Grief and loss, School-related issues, Autism, Disability, Relationship issues. CBT, ACT, DBT, Interpersonal Therapy, Schema Therapy		TELEHEALTH ONLY
Registered Psychologist	Zainab	Khozarji	TELEHEALTH		GEN	CMHS	ATSI	SPP		Anxiety, Depression, Panic disorder, Relationships, Trauma and Adjustment disorders. CBT, ACT, Mindfulness, Motivational Interviewing, Person centred Therapy and Solution focused brief therapy.	Arabic (Lebanese and Iraqi dialect)	MATERNITY LEAVE
Registered Psychologist	Sarah	Marshall	TELEHEALTH	No	GEN	CMHS > 17 YRS	ATSI			Anxiety, Mood disorders, OCD, Depression, Grief and loss, Trauma (including childhood trauma) Adjustment to life transitions (divorce, career change), Pregnancy support / IVF, Parenthood transition, HSC stress and anxiety, Development of self and identity, Low self-esteem and self worth, Assertiveness skills and boundary setting, Relationships, Parenting		TELEHEALTH ONLY
Clinical Psychologist	Ingrid	Pollard	TELEHEALTH	Yes	GEN	CMHS	ATSI	SPP		Abuse, Addictions, Affective disorders, Alcohol and other drug addictions, Anger Management, Anxiety, Autism Spectrum Disorders, Bipolar disorder, Cancer support, Dissociative Identity Disorder, PTSD, Victim of crime, Divorce/separation, Family court, Self harm/suicide, Trauma, Anxiety/phobias, Parenting, Grief and loss, HIV-AIDS, Impulsive Behaviours, Life Transition and Adjustment issues. CBT, DBT, Emotionally focused therapy, Interpersonal, Mindfulness, Narrative Therapy.		TELEHEALTH ONLY
Clinical Social Worker	Pete	Potgieter	TELEHEALTH		GEN		ATSI	SPP		Mature Male Clients Only, Disability, Autism Spectrum Disorder, Depression, Anxiety, Obsessive Compulsive Disorder, PTSD, LGBTQI+ Issues, Sexual abuse, Trauma. CBT, Intepersonal.	Afrikaans	TELEHEALTH ONLY

ACCESS + APPROVED PROVIDERS

Registered Psychologist	Kelly	Rowlands (Grylak)	TELEHEALTH		GEN		ATSI	SPP		ADHD, Adjust, Anger Management, Anxiety, Phobias, Assertiveness Training Therapy, Autism Spectrum, Behavioural Problems, Bully, Depression, Gender, Sexuality, Identity, Health Related Problems, Impulsive Behaviours, LGBTQI, Parent, Self Harm, Suicide, Sleep Disorders, Terminal Illness, Work Stress, Bullying		TELEHEALTH ONLY - ON LEAVE IN FEBRUARY 2025
Registered Psychologist	Dr. Claire	Scannell	TELEHEALTH		GEN		ATSI			PTSD, Sleep disorders, sexual abuse, work stress and work place bullying, anxiety and phobias, Depression, parenting, PND, self harm/suicide, trauma		TELEHEALTH ONLY
Registered Psychologist	Amber	Takhar-Stapleton	TELEHEALTH		GEN		ATSI			Child / adolescent, AdultS, Depression, Anxiety, Anger Management, Behavioural difficulties, Social skills, HSC stress management, self-esteem, ADHD, Relationship difficulties, Parenting strategies.		TELEHEALTH ONLY
Clinical Psychologist	Amy	Wheaton	TELEHEALTH		GEN	CMHS	ATSI			Anxiety Disorders, Stress, Depression, Relationship issues and difficult life transitions. ACT, CBT, Schema / Narrative therapy,		TELEHEALTH ONLY
Registered Psychologist	Francis (Frank)	Wilson	TELEHEALTH		GEN		ATSI	SPP		Adjustment Disorder, Alcohol Abuse, Anger Management, Anxiety and Phobia, Assertiveness Training, Behavioural Problems, Bullying, Community Consult/Evaluation, Conflict Resolution, Couples Therapy, Critical Incident / Stress Debriefing, Depression, Divorce/Separation, Health Related Problems, Leadership, Personality Disorder, PTSD, Self Harm & Suicide, Sexual Abuse, Terminal Illness, Trauma, Work Stress & Bullying. EMDR Therapy		TELEHEALTH ONLY
Registered Psychologist	Lisa	Butler	TURRAMURRA	No	GEN	CMHS >18 yrs	ATSI			Depression, Anxiety, Post Traumatic Stress Disorder, Bereavement, Divorce, Emotional disturbance, Life coaching, Obsessive compulsive disorder (OCD), Relationship issues, stress, Women's issues. ACT, CBT, DBT, EMDR, Person-centred, Schema therapy.		
Registered Psychologist	Kym-Lee	Carlson	TURRAMURRA		GEN		ATSI	SPP		ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Cross Cultural, Depression, Divorce / Separation, Eating Disorders, Gender / Sexual Indentity, Health Related Problems, Impulsive Behaviours, Leadership, LGBTQI, Parenting, Personality Disorders, Self Harm / Suicide, Trauma, Work Stress / Bullying		Works Wednesdays / Thursdays
Registered Psychologist	Sarwat	Rewais	ULTIMO	Yes	GEN	CMHS > 17 yrs	ATSI	SPP		Depression, Anxiety, Relationships, CBT, Adult mental health, Self development, LGBTQIA+, Short Term Interpersonal Dynamic Psychotherapy, SBBT (Solution Based Brief Therapy), MBSR (Mindful Based Stress Reduction)	Arabic	Mon (all day) Tue, Wed & Thu evenings
Registered Psychologist	Ana	Zuccarino	ULTIMO	No	GEN	CMHS > 18yrs +	ATSI			LGBTIQ+ friendly practice, Adjustment and Life Cycle issues, Grief and Loss, Stress Management, Adjustment to migration and settlement problems, Workplace Stress, Relationship issues, Parenting issues, Vocational and Career Counselling and Rehabilitation, Adjustment to Disability, Functional Rehabilitation following illness or injury, Supporting family members following a Dementia Diagnosis, Support for people with Financial Hardship/Unemployment issues, Non-Directive Pregnancy Counselling	Spanish	F2F and Telehealth
Registered Psychologist	Rhona	Barker	WAHROONGA		GEN		ATSI			Depression, Anxiety and phobias, Personal development, Social and emotional skills, Grief and loss, Life transitions, Postnatal, Birth trauma, Parenting, Adjustment, Behaviour Problems. CBT, ACT, Solution focused therapy, Mindfulness, Psychotherapy and Psycho-education.		
Registered Psychologist	Sharon	Reid	WAHROONGA	No	GEN	CMHS	ATSI	SPP	PND	Anger Management, Assertiveness Training Therapy, Bullying, PTSD, Divorce/separation, intellectual assessment, Anxiety, Depression, Self harm/suicide, Parenting. CBT, Motivational Interviewing, EMDR, ACT, Narrative and Solution focused therapies, Sand Tray and Play Therapy. Therapy Dog, Ursula (Ursie) is also working with clients.		
Registered Psychologist	Claire	Stanbury	WAHROONGA		GEN	CMHS	ATSI	SPP		Anger management, Anxiety, Bullying, Depression, Grief and loss, Identity, Self esteem, Personality disorders, PTSD, Suicidal thoughts, Behavioural Problems, Critical Incident / Stress Debriefing, Parenting, Trauma, Victim Of Crime	Afrikaans	Available Monday-Friday 9.30am-2.30pm
Clinical Psychologist	Sally-Anne	Aarons	WAITARA		GEN	CMHS	ATSI	SPP		Anxiety, Panic attacks, Depression, Divorce/Separation, Grief/Bereavement, Insomnia, Intimacy issues, Life threatening illness, Life transitions, Loneliness, Neurological disorders, Chronic pain/Rehabilitation, Post natal depression, PTSD, Trauma recovery, Women's issues, Aging, neuro degenerative disease, Adjustment, Health related problems, Sleep disorders, Parkinson's. ACT, Attachment Theory, CBT, DBT, EMDR, Developmental, Mindfulness, Motivational Interviewing, Schema Therapy, Solution Oriented, Trauma-Informed.		

ACCESS + APPROVED PROVIDERS

Registered Psychologist	Lisa	Graaug	WARRIEWOOD	Yes	GEN	CMHS >16 YRS	ATSI	SPP	PND	Anxiety, Depression, Sleep issues, Relationship concerns, Parenting issues, Chronic health conditions and chronic pain. CBT, Emotion-focused therapy, Trauma-informed approaches, Psychobiological approach to couple therapy, Relaxation and stress-management practices, Mindfulness-based techniques		
Registered Psychologist	Lyndsey	Grounds	WARRIEWOOD	Yes	GEN	CMHS 16>	ATSI	SPP		Depression, Anxiety, Mood disorders, Psychosis / Early Psychosis, Suicide Risk Assessment. ACT, CBT, Motivational Interviewing. Particular interest in mood and anxiety difficulties.		
Psychologist	Nicola	George	WARRIEWOOD	Yes	GEN		ATSI			Anxiety Disorders, Depression, Eating Disorders, Post Natal Depression, Anger, Bereavement Issues. CBT, EMDR, Mindfulness.		
Registered Psychologist	Kristiina	Jacobs	WARRIEWOOD	Yes	GEN		ATSI			Depression, Anxiety, Grief and loss, Trauma, Phobias, Pain Management, Stress management, Shyness and social skills, Couples therapy, Divorce / separation, Life / Personal coaching, Dealing with severe or chronic health issues, aging and midlife, recovery from affairs and relationship difficulties. Mindfulness integrated CBT, CBT, ACT, Interpersonal Psychotherapy and Psychotherapy.		
Clinical Psychologist	Annemarie	Lambe	WARRIEWOOD	Yes	GEN		ATSI	SPP		Family Court issues, Divorce, Terminal Illness, Parenting, PND, Trauma, Rehabilitation from Injury, Chronic pain, CALD, ADHD, PTSD, Behaviour, Cross-cultural, Trauma Victims of Crime. Advanced training in Mindfulness Integrated CBT, Interpersonal Psychotherapy, Schema Therapy.		
Registered Psychologist	Tristan	Williamson	WARRIEWOOD	YES	GEN	CMHS >12 YRS	ATSI			Adolescents and young adults. Depression, Anxiety disorders, Men's health, Drug & Alcohol, Grief & Loss, Chronic illness and pain, Health issues, Assertiveness training, Exam & study stress, ADHD/ADD, Stress. CBT, ACT, DBT, Motivational Interviewing		Mon / Tue 10:00am - 6:00pm
Registered Psychologist	Ishan	Narendran	WEST PENNANT HILLS		GEN	CMHS > 12 YRS	ATSI	SPP		Assessment of conditions such as ADHD, Autism, and Specific Learning Disorders, Stress, Anxiety, Depression, Adjustment disorder, Trauma, Workplace difficulties, Relationship difficulties. ACT, CBT, Mindfulness and Narrative therapy.		Friday 10:00am - 6:00pm
Registered Psychologist	Nadine	Sarah	WEST PENNANT HILLS	No	GEN	CMHS	ATSI	SPP		Anxiety, Depression, Adjustment, Grief and loss, ASD, Trauma. CBT, DBT, Mindfulness.	Tamil	Wed / Thur: 11:00am -7:00pm
Clinical Psychologist	Narmatha	Thillainathan	WEST PENNANT HILLS	No	GEN	CMHS >16 YRS	ATSI			Family Court issues, Divorce, Terminal Illness, Parenting, PND, Trauma, CALD, ADHD, PTSD, Behaviour, Cross-cultural, Trauma Victims of Crime. Mindfulness, CBT, DBT, Compassion focused therapy and Psychodynamic Psychotherapy.		
Registered Psychologist	Yelka	Saric	WEST RYDE	Yes	GEN	CMHS > 18 YRS	ATSI	SPP		ADHD, Autism, Eating Disorder, Anxiety, Bipolar disorder, Borderline Personality Disorder, Depression, Domestic Violence, LGBTQ+, Mood disorders, Obsessive compulsive disorder (OCD), Peer relationships, Personality disorders, Self-harming, Sleep or Insomnia, Suicidal Ideation, Testing and evaluation, Transgender issues Trauma, Post Traumatic Stress Disorder (PTSD). CBT, DBT, Schema Therapy, Motivational Interviewing, Exposure Response Prevention and Narrative Exposure Therapy.		8:00AM - 1:00PM
Registered Psychologist	Belinda	Wilson	WHEELER HEIGHTS	No	GEN	CMHS >17 YRS	ATSI	SPP		CBT, ACT, DBT, Interpersonal Psychotherapy, Focusing Psychotherapy, Depression, Anxiety, Drug and Alcohol including working with parents/carers of AOD,		UPON REQUEST
Registered Psychologist	Kathleen	McLaren	WINSTON HILLS		GEN		ATSI	SPP	PND	Anxiety, Phobias, Bullying, Conflict Resolution, Couples Therapy, Depression, Identity Disorder, Divorce, Separation, Eating Disorders, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, LGBTQI, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sleep Disorders, Trauma, Victims Of Crime, Work Stress, Bullying		
Social Worker	Cecilia	Ma	WOOLOOMOOLOO		GEN	CMHS > 17 YRS	ATSI	SPP		Anxiety disorders, Trauma/PTSD, Mood disorders, School difficulties (bullying, academic stress), ADHD/Autism, Family stress, Domestic violence. EMDR, ACT, Mindfulness Based CBT, Somatic/Body Based Approach, Mindfulness Skills.		Mondays and Thursdays at this Location